



Boston's Age Strong Commission's MARCH 2026 MONTHLY "TO-DO"

Free events, classes & programs for Boston's older adults

Welcome to march's monthly "To-Do," a city-wide sampling of free events & programs for Boston's older adults age 60+.

Sign up to have the "To-Do" emailed directly to your email inbox or view it, *Boston Seniority* magazine online at: boston.gov/departments/age-strong-commission/connect-us

See page 12 for more programming from City departments & our partners.

AGE+ | City of Boston
Age Strong Commission

Boston City Hall, Room 271
1 City Hall Square, Boston, MA 02201
617-635-4366 agestrong@boston.gov
boston.gov/age-strong

   @AGESTRONGBOS

BLACK TEXT

****Age Strong Virtual Events Link:**
bit.ly/ZoomAgeStrongVirtual
***Program in both English/Spanish**

BLUE TEXT

Jamaica Plain - Roslindale -
West Roxbury

GREEN TEXT

Dorchester - Mission Hill -
Roxbury - South Boston/Seaport

ORANGE TEXT

Hyde Park - Mattapan

PINK TEXT

Charlestown - East Boston

PURPLE TEXT

Allston/Brighton - Fenway -
Kenmore

RED TEXT

Chinatown - Downtown - Back Bay
North End - South End - West End

SUNDAY, MARCH 1

MONDAY, MARCH 2

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

Veronica B. Smith Senior Center
20 Chestnut Hill Ave, Brighton
(617) 635-4366
Click [here](#) for more information.

11AM-12PM

Gentle Yoga with Marianne Zullas - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248
Click [here](#) to register.
This event repeats weekly.

2-3PM

Budgeting Basics - Virtual
Center for Working Families
(617) 541-2670
Click [here](#) to register.

6:30-7:30PM

Queer Book Club - In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147
Click [here](#) for more information.

TUESDAY, MARCH 3

10:30AM-12:30PM

Senior Quilting Group - In Person

BPL Codman Square
690 Washington St, Dorchester
(617) 436-8214
Click [here](#) for more information.
This event repeats weekly.

11AM-12:30PM

Suits and Smiles - In Person

Office of Returning Citizens
30 Dimock St, 2nd Floor, Roxbury
(617) 685-8187
Click [here](#) to register.

12:15PM-1:30PM

Mindfulness Class - In Person

Spontaneous Celebrations
40 Danforth St, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

1-2PM

Tai Chi for Fall Prevention: Level 1 - In Person

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) to register.
This event repeats weekly.

WEDNESDAY, MARCH 4

9:30-11:30AM

50+ Job Seeker Networking Group: Resumes - Virtual

Online Event
(978) 640-4490 ext. 205
Click [here](#) to register.

10AM-1PM

Canvas Painting and Candle Making - In Person

BCYF Holland Community Center
85 Olney Street, Dorchester
(617) 821-2357
Click [here](#) to register.
This event repeats weekly.

10:30AM-12PM

**ESOL Conversation Group
(Advanced Beginner and
Higher)**

- In Person

BPL Central Library
700 Boylston Street, Back Bay
(617) 859-2446

Click [here](#) for more information.

This event repeats weekly.

12-3PM

**Free Immigration Consultations -
By Phone Appointment only**

Office of Immigrant Advancement
(617) 635-2980

Click [here](#) for more information.

THURSDAY, MARCH 5

9AM-1PM

**Age Strong Drop-In
Programming - In Person**

Union Church
485 Columbus Ave, South End
(617) 536-0872

Click [here](#) for more information.

This event repeats weekly.

10AM-3PM

**Age Strong's 2026 Cost-Savings
Clinics - In Person**

BP Shaw-Roxbury
149 Dudley St, Roxbury
(617) 635-4366

Click [here](#) for more information.

1-2:30PM

**Neighbor's Connect: Story Telling
- In Person**

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147

Click [here](#) for more information.

5PM-7PM

**gwisin baljaguk (ghost prints)
by Timothy Hyunsoo Lee**

Opening Reception

- In Person

Boston City Hall
1 City Hall Square, Downtown
(617) 536-0872

Click [here](#) for more information

FRIDAY, MARCH 6

10AM-1PM

**Age Strong Drop-In Programming -
In Person**

BCYF Holland Community Center
85 Olney Street, Dorchester
(617) 635-5144

Click [here](#) for more information.

This event repeats weekly.

10AM-3PM

**Age Strong's 2026 Cost-Savings
Clinics - In Person**

BP Shaw-Roxbury
149 Dudley St, Roxbury
(617) 635-4366

Click [here](#) for more information.

11AM-12PM

Book Café - In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147

Click [here](#) for more information.

11:30AM-1PM

**Age Strong Rotating Memory Cafe -
North End - In Person**

BPL North End
25 Parmenter Street, North End
(617) 635-3745

Click [here](#) for more information.

SATURDAY, MARCH 7

10-11AM

Spanish Language Conversation Group - In Person

BPL Connolly

433 Centre St, Jamaica Plain

(617) 522-1960

Click [here](#) for more information.

This event repeats weekly.

10-11:30AM

Chess Club (All Ages) - In Person

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) for more information.

This event repeats weekly.

10AM-4PM

VITA Free Drop-Off Tax Preparation - In Person

BPL Brighton

40 Academy Hill Rd, Brighton

(617) 863-7376

Click [here](#) for more information.

This event repeats weekly.

11AM-2PM

Age Strong St. Patrick's/Evacuation Day Tommy and Eddie Butler Senior Salute Luncheon - In Person

BCYF Curley Community Center

1663 Columbia Road, South Boston

(617) 642-7156

Click [here](#) to register.

SUNDAY, MARCH 8

MONDAY, MARCH 9

9:30AM-12:30PM

Vine Street Crochet Glama - In Person

BCYF Vine Street Community Center

339 Dudley Street, Roxbury

(617) 635-1285

Click [here](#) for more information.

This event repeats weekly.

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

The Parish of All Saints

209 Ashmont St., Dorchester

(617) 635-4366

Click [here](#) for more information.

10:30AM-3PM

Age Strong Drop-In Programming - In Person

Dewitt Center

122 Dewitt Drive, Roxbury

(617) 275-7080

Click [here](#) for more information

This event repeats weekly.

2:30-3:30PM

Weekly Chess Club for Adults - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

TUESDAY, MARCH 10

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

The Parish of All Saints

209 Ashmont St., Dorchester

(617) 635-4366

Click [here](#) for more information.

11AM-12PM

Chair Yoga - In Person

Spontaneous Celebrations

40 Danforth St, Jamaica Plain

(617) 635-4250

Click [here](#) to register.

This event repeats weekly.

11AM-12PM

**Tax Planning for Older Adults
- In Person**

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147
Click [here](#) for more information.

1-2PM

Line Dancing - In Person

ABCD West End Neighborhood Center
75 Blossom Court, West End
(617) 635-3959
Click [here](#) for more information.
This event repeats weekly.

WEDNESDAY, MARCH 11

9AM-3PM

**Age Strong Drop-In
Programming - In Person**

The Elks Lodge #10
1 Morrell Street, West Roxbury
(617) 323-1125
Click [here](#) for more information
This event repeats weekly.

10AM-12PM

Age Strong Memory Cafe - In Person

BPL Codman Square
690 Washington St, Dorchester
(617) 635-3745
Click [here](#) for more information.

10AM-3PM

**Age Strong's 2026 Cost-Savings
Clinics - In Person**

The Parish of All Saints
209 Ashmont St., Dorchester
(617) 635-4366
Click [here](#) for more information.

2-5PM

WVBS Radio Presents - In Person

Veronica B. Smith Senior Center
20 Chestnut Hill Ave, Brighton
(617) 635-6120
Click [here](#) for more information,
call the number above to register.

THURSDAY, MARCH 12

10AM-1PM

**Age Strong Drop-In
Programming - In Person**

BPL Codman Square
690 Washington St, Dorchester
(617) 436-8214
Click [here](#) for more information
This event repeats weekly.

10AM-3PM

**Age Strong's 2026 Cost-Savings
Clinics - In Person**

The Parish of All Saints
209 Ashmont St., Dorchester
(617) 635-4366
Click [here](#) for more information.

11AM-12PM

Bollywood Dance - In Person

Spontaneous Celebrations
40 Danforth St, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

6:30PM-9:30PM

WVBS Radio Presents - In Person

Veronica B. Smith Senior Center
20 Chestnut Hill Ave, Brighton
(617) 635-6120
Click [here](#) for more information,
call the number above to register.

FRIDAY, MARCH 13

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

The Parish of All Saints
209 Ashmont St., Dorchester
(617) 635-4366
Click [here](#) for more information.

10:30AM-12PM

Age Strong Memory Cafe- In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147
Click [here](#) for more information.

12:30-1PM

Information Session for Adult English Learners - In Person

BPL Chinatown
2 Boylston Street, Chinatown
(617) 859-2446
Click [here](#) for more information.

2:30PM-4PM

Friday the 13th at Parker Hill - In Person

BPL Parker Hill
1497 Tremont St, Roxbury
(617) 427-3820
Click [here](#) for more information.

SATURDAY, MARCH 14

9:30-10:30 AM

Tai Chi & Qigong - In Person

BPL Adams Street
690 Adams Street, Dorchester
(617) 436-6900
Click [here](#) to register.
This event repeats weekly.

10AM-2PM

Vine Street Sewing Classes - In Person

BCYF Vine Street Community Center
339 Dudley Street, Roxbury
(617) 635-1285
Click [here](#) for more information.
This event repeats weekly.

10AM-12PM

Citizenship Preparation Class - In Person

BPL Central Library
700 Boylston Street, Back Bay
(617) 859-2446
Click [here](#) to register.
This event repeats biweekly.

11AM-12PM

Drop-In Knitting - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.
This event repeats weekly.

SUNDAY, MARCH 15

MONDAY, MARCH 16

11AM-12PM

Gentle Yoga with Marianne Zullas - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248
Click [here](#) to register.
This event repeats weekly.

2-2:30PM

Information Session for Adult English Learners - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) to register.

2:30-3:30PM

**Weekly Chess Club for Adults
- In Person**

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.
This event repeats weekly.

4-5:30PM

**Unraveling the News: Knitting and
Crochet Conversation Circle - In
Person**

BPL Central Library
700 Boylston Street, Back Bay
(617) 859-2000 ext. 4270
Click [here](#) to register.
This event repeats weekly.

TUESDAY, MARCH 17

10-10:45AM

Morning Stretch - In Person

Spontaneous Celebrations
40 Danforth St, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

10:30AM-12PM

**English (ESOL) Conversation Group
- In Person**

BPL Honan-Allston
300 North Harvard St, Allston
(617) 787-6313
Click [here](#) for more information.
This event repeats weekly.

10:30AM-1PM

**Immigrant Advancement
Community Office Hours - In
Person**

BPL East Boston
365 Bremen St, East Boston
(617) 308-1700
Click [here](#) for more information.

11AM-12PM

**Boston Rhythm Riders Line Dance
Movement/ Senior Line Dancing -
In Person**

BCYF Vine Street Community Center
339 Dudley Street, Roxbury
(617) 635-1285
Click [here](#) for more information.
This event repeats weekly.

WEDNESDAY, MARCH 18

10AM-1PM

**Canvas Painting and Candle Making -
In Person**

BCYF Holland Community Center
85 Olney Street, Dorchester
(617) 821-2357
Click [here](#) to register.
This event repeats weekly.

11:30AM-12:30PM

Yoga & Meditation - Virtual

Age Strong Virtual Wellness
617-635-4366
Click [here](#) for more information.
This event repeats weekly.

1-2PM

**Parks Fitness: Tai Chi with Joe - In
Person**

Veronica B. Smith Senior Center
20 Chestnut Hill Ave, Brighton
(617) 635-4505
Click [here](#) to register.

3-5PM

Tech Help by Appointment - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248 ext. 1056
Click [here](#) to register.
This event repeats bi-weekly.

THURSDAY, MARCH 19

9AM-1PM

Age Strong Drop-In Programming - In Person

Union Church
485 Columbus Ave, South End
(617) 536-0872
Click [here](#) for more information.
This event repeats weekly.

10-10:45AM

Mat Yoga - In Person

Spontaneous Celebrations
40 Danforth St, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

10:30AM-12PM

Tech Help (By Appointment) - In Person

BPL Egleston Square
2044 Columbus Ave, Roxbury
(617) 445-4340
Click [here](#) to register.
This event repeats weekly.

6:30-7:45PM

Shut Up & Write! - In Person

BPL Brighton
40 Academy Hill Rd, Brighton
kluca@bpl.org
Click [here](#) for more information.
This event repeats weekly.

FRIDAY, MARCH 20

10:30AM-12PM

Parks Fitness: Bota Fogo Dance Fitness Class with Julia - In Person

BCYF Vine Street Community Center
339 Dudley Street, Roxbury
(617) 635-4505
Click [here](#) to register.

10:30AM-12:30PM

ESOL Conversation Group for Ukrainian Speakers - In Person

BPL Central Library
700 Boylston Street, Back Bay
(617) 859-2446
Click [here](#) to register.
This event repeats weekly.

12:30-1PM

Information Session for Adult English Learners - In Person

BPL Chinatown
2 Boylston Street, Chinatown
(617) 859-2446
Click [here](#) for more information.
This event repeats weekly.

SATURDAY, MARCH 21

10-11AM

Reptiles! Animal Encounter with Mass Audubon - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248 ext. 1056
Click [here](#) to register.

10AM-12PM

Citizenship Preparation Class - In Person

BPL Roslindale
4246 Washington St, Roslindale
(617) 323-2343
Click [here](#) to register.
This event repeats weekly.

11AM-12PM

Hatha Yoga with Alicia Zipp - In Person

BPL Adams Street
690 Adams Street, Dorchester
(617) 436-6900
Click [here](#) to register.
This event repeats weekly.

11AM-3PM

Community Scanning Day - In Person

BPL Brighton
40 Academy Hill Rd, Brighton
kluca@bpl.org
Click [here](#) to register.

SUNDAY, MARCH 22

MONDAY, MARCH 23

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

Boston City Hall
1 City Hall Square, Downtown
(617) 635-4366
Click [here](#) for more information.

1:30-3:30PM

Board Games Club - In Person

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) for more information.
This event repeats weekly.

3-4:15PM

Online ESOL Conversation Group (Advanced Beginner and Higher) - Virtual

(617) 859-2446
Click [here](#) to register.
This event repeats weekly.

6-7:30 PM

Adult Chess Club - In Person

BPL Lower Mills
27 Richmond St, Dorchester
(617) 298-7841
Click [here](#) for more information
This event repeats weekly.

TUESDAY, MARCH 24

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

Boston City Hall
1 City Hall Square, Downtown
(617) 635-4366
Click [here](#) for more information

10:30AM-12PM

English (ESOL) Conversation Group - In Person

BPL Honan-Allston
300 North Harvard St, Allston
(617) 787-6313
Click [here](#) for more information.
This event repeats weekly.

1-2PM

Tai Chi for Fall Prevention: Level 1 - In Person

BPL West End
151 Cambridge St, West End
llepanto@bpl.org
Click [here](#) to register.
This event repeats weekly.

1-2PM

Spring Pop-Up Event - In Person

BPL South End
685 Tremont St, South End
southend@bpl.org
Click [here](#) for more information.

WEDNESDAY, MARCH 25

10-1PM

Canvas Painting and Candle Making - In Person

BCYF Holland Community Center
85 Olney Street, Dorchester
(617) 635-5144
Click [here](#) to register.
This event repeats weekly.

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

Boston City Hall
1 City Hall Square, Downtown
617-635-4366
Click [here](#) for more information.

12:30-1PM

Information Session for Adult English Learners - In Person

BPL Grove Hall
41 Geneva Ave, Dorchester
(617) 859-2446
Click [here](#) for more information.
This event repeats weekly.

2-4PM

Knitting & Crafts Circle - In Person

BPL Adams Street
690 Adams Street, Dorchester
(617) 436-6900
Click [here](#) to for more information.
This event repeats weekly.

THURSDAY, MARCH 26

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

Boston City Hall
1 City Hall Square, Downtown
617-635-4366
Click [here](#) for more information

1:30-3PM

Puzzles & Jazz - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) for more information.

5-7PM

Flow State Sketchbook Sessions - In Person

BPL East Boston
365 Bremen St, East Boston
(617) 569-0271
Click [here](#) for more information.
This event repeats biweekly.

6-7PM

Simple and Delicious: Hummus - In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) to register.

FRIDAY, MARCH 27

10AM-3PM

Age Strong's 2026 Cost-Savings Clinics - In Person

Boston City Hall
1 City Hall Square, Downtown
617-635-4366
Click [here](#) for more information.

11AM-12PM

ESOL Conversation Group - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.
This event repeats weekly.

12-1PM

Age Strong Support Group for Dementia Care Partners - In Person

BCYF Roslindale
6 Cummins Highway, Roslindale
(617) 635-3745
Click [here](#) for more information.

12:30-1PM

Information Session for Adult English Learners - In Person

BPL Chinatown
2 Boylston Street, Chinatown
(617) 859-2446
Click [here](#) for more information.
This event repeats weekly.

SATURDAY, MARCH 28

10-11AM

Spanish Language Conversation Group - In Person

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960
Click [here](#) for more information.
This event repeats weekly.

11AM-12PM

Drop-In Knitting - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.
This event repeats weekly.

1:30-3PM

Parks Fitness: Yoga with Carlos - In Person

BCYF Mildred Ave Community Center
5 Mildred Ave, Mattapan
(617) 635-4505
Click [here](#) to register.

3-4:30PM

Junk Journaling - In Person

BPL Egleston Square
2044 Columbus Ave, Roxbury
(617) 445-4340
Click [here](#) for more information.
This event repeats biweekly.

SUNDAY, MARCH 29

MONDAY, MARCH 30

10AM-12PM

Age Strong Memory Cafe - In Person

BPL Jamaica Plain
30 South Street, Jamaica Plain
(617) 635-3745
Click [here](#) for more information.

5-7PM

Parks Fitness: Strength and Balance class with Karma - In Person

East Boston Senior Center
7 Bayswater Street, East Boston
(617) 635-4505
Click [here](#) for more information.

6-7PM

Researching Your Boston Home - In Person

BPL Central Library
700 Boylston Street, Back Bay
(617) 536-5400
Click [here](#) to register.

6:30-9PM

EXTRAordinary Women Reception 2026 - In Person

Institute of Contemporary Art (ICA)
25 Harbor Shore Dr, Seaport
bostonwomen@boston.gov
Click [here](#) to register.

TUESDAY, MARCH 31

10:30AM-12PM

English (ESOL) Conversation Group - In Person

BPL Honan-Allston

300 North Harvard St, Allston

(617) 787-6313

Click [here](#) for more information.

This event repeats weekly.

10:30AM-12:30PM

Senior Quilting Group - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

This event repeats weekly.

11AM-12PM

Chair Yoga - In Person

Spontaneous Celebrations

40 Danforth St, Jamaica Plain

(617) 635-4250

Click [here](#) to register.

This event repeats weekly.

1-2PM

Tai Chi for Fall Prevention: Level 1 - In Person

BPL West End

151 Cambridge St, West End

llepanto@bpl.org

Click [here](#) to register.

This event repeats weekly.

Please visit other City departments & our partners for additional activities:

<u>bostonabcd.org/events</u>	617-348-6239
<u>ebsocialcenters.org/active-adults</u>	617-569-3221
<u>ethocare.org/healthy-aging-classes</u>	617-477-6616
<u>ethocare.org/services/</u>	617-477-6616
<u>fw4elders.org/what-we-do</u>	617-482-1510
<u>gbcgac.org/#services-and-programs</u>	617-357-0226
<u>hearth-home.org/events</u>	617-369-1550
<u>ibaboston.org/events</u>	617-927-1707
<u>kennedycenter.org/event-calendar</u>	617-241-8866
<u>laalianza.org/contact-us</u>	617-427-7175
<u>mabvi.org/services/assistive-technology</u>	888-613-2777
<u>operationpeaceboston.org/eventsnews</u>	617-267-1054
<u>sbnh.org/senior-services</u>	617-268-1619
<u>vietaid.org</u>	617-822-3717
<u>ymcaboston.org/events</u>	617-927-8060
<u>bpl.org/events</u>	617-536-5400
<u>boston.gov/events</u>	3-1-1

AGE+



City of Boston
Age Strong Commission

GET RELIEF FROM RISING COSTS AT **COST-SAVING CLINICS!**

Scan to visit
program webpage!



Call **617-635-4366** to register for cost-saving clinics where Boston residents aged 55+ can find help lowering everyday expenses. For details, visit **boston.gov/cost-saving**.
Transportation is available to and from sites.

MARCH 2

10am-3pm

Veronica B. Smith Center
20 Chestnut Hill Ave., Brighton

MARCH 5-6

10am-3pm

BPL Shaw-Roxbury Branch
149 Dudley Street, Roxbury

MARCH 9-13

10am-3pm

The Parish of All Saints
209 Ashmont St., Dorchester

MARCH 23-27

10am-3pm

Boston City Hall
1 City Hall Square, Downtown



Mayor Michelle Wu



CITY of BOSTON